

Free School Meals

School Meals are FREE for all children in Reception, Year 1 and Year 2.

Your child may also be entitled after Y2, which provides extra funding to school. You can register your child for Free School Meals if you receive any of these benefits :-

- Income Support
- Income Based Job Seekers Allowance
- Income Related Employment & Support Allowance
- Child Tax Credit **but not** Working Tax Credit and the household income (as used by HMRC to assess tax credits) is not more than £16,190. **Please note:** anyone eligible for Working Tax Credit, or if you have a partner and they receive it, regardless of Income, you will not qualify
- The Guarantee element of State Pension Credit
- Support under part VI of the Immigration and Asylum Act 1999
- In receipt of the 4 week run on of Working Tax Credit (when someone becomes unemployed or reduces their hours and is no longer entitled to Working Tax Credit but will continue to receive it for a further 4 weeks and is entitled to free meals during that time)
- Universal Credit (provided you have an annual net household income of no more than £7,400 as assessed by earnings from up to three of your most recent assessment periods). Your net earned income is your household income after taxes & deductions and does not include income from Universal Credit or any other benefits

To apply for free school meals throughout your child's education in school please visit:-

<https://www.staffordshire.gov.uk/Education/Educational-awards-benefits/FreeSchoolMeals/Apply-online.aspx>

We serve balanced and nutritious food:-

- Most meals are freshly prepared
- Meat and vegetables are locally sourced
- All eggs are free range
- We do not add salt to any of our meals
- All puddings are made using reduced sugar recipes
- The menu may change to reflect seasonal fruit and vegetables



Daily salad bar will include:-

- Cucumber & carrot sticks
- Dips
- Lettuce, tomatoes, sweetcorn, beetroot, raisins
- Bread selection

Fresh Fruit, Yogurt (7), Jelly and Cold Drinks Milk (7) or Water are also available daily.

For any special dietary requirements please contact Yvonne via the School Office

Whittington Primary School

Lunch Menu

Autumn 2 2025 - Until End of Spring Term

Please note: Although we pride ourselves on fresh cooked meals. We cannot guarantee the potential crossover of allergens.



Balanced, nutritious and freshly prepared tasty meals *Also available daily: Salad bar, Fresh Fruit, Yogurt (7), Jelly and Cold Drinks Milk (7) or Water. *

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03/11/2025	Beef Meatballs with Tomato Pasta (2)	Gluten Free	Ham and Cheese Turnover (2, 7)	Gluten Free Roast Chicken Dinner	Gluten Free Chicken Burger
17/11/2025	Gluten Free Available	Sweet and Sour Chicken with Rice			
01/12/2025	Quorn Meatballs (2)	Macaroni Cheese	Cheese and Tomato Pizza (2, 7)	Quorn Breast (2)	Fish Fingers (2, 5)
15/12/2025	with Tomato Pasta (2)	(1, 2, 4, 7, 9, 13)	Vegan and Gluten Free Available	Dinner	
12/01/2026	Gluten Free Available				
26/01/2026	Jacket Potato with Cheese (7), Baked Beans or Tuna (5)	Jacket Potato with Cheese (7), Baked Beans or Tuna (5)	Jacket Potato with Cheese (7), Baked Beans or Tuna (5)	Jacket Potato with Cheese (7), Baked Beans or Tuna (5)	Jacket Potato with Cheese (7), Baked Beans or Tuna (5)
09/02/2026	Vegan Cheese Available				
02/03/2026	Cheese Wrap (2, 7)	Tuna Sandwich (5, 2, 13)	Chicken Sandwich (2, 13)	Cheese Toastie (2, 7, 13)	Ham Wrap (2)
16/03/2026	Peas	Mixed Veg	Beans or Sweetcorn and Garlic Bread (2)	Carrots, Peas, Mash Potatoes and Gravy (13)	Chips, Beans or Peas
	Oaty Cookie (2)	Apple Crumble (2) with Custard (7)	Mixed Selection of Ice Creams (7)	Fruity Crumble (2)	Chocolate Shortbread (2)
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/11/2025	Chicken Tikka (7) with Rice	Beef Lasagne (1, 2, 4, 7, 9, 13)	Chicken Pie (2, 13)	Pork Sausages (2, 7, 13)	Gluten Free Chicken Goujons
24/11/2025				Vegan and Gluten Free Available	
08/12/2025	Veggie Tikka (7) with Rice	Quorn Lasagne (1, 2, 4, 7, 9, 13)	Cheese and Tomato Pizza (2, 7)	Quorn Sausages (2)	Battered Cod (2, 5)
05/01/2026			Vegan and Gluten Free Available		
19/01/2026	Jacket Potato with Cheese (7), Baked Beans or Tuna (5)	Jacket Potato with Cheese (7), Baked Beans or Tuna (5)	Jacket Potato with Cheese (7), Baked Beans or Tuna (5)	Jacket Potato with Cheese (7), Baked Beans or Tuna (5)	Jacket Potato with Cheese (7), Baked Beans or Tuna (5)
02/02/2026	Vegan Cheese Available				
23/02/2026	Cheese Wrap (2,7)	Chicken Sandwich (2,13)	Tuna Sandwich (2, 5, 13)	Cheese Panini (2, 7)	Ham Wrap (2)
09/03/2026	Naan (2) and Peas	Sweetcorn	Mixed Veg and Garlic Bread (2)	Peas, Carrots, Mash Potatoes and Gravy (13)	Chips and Peas
23/03/2026	Vanilla Shortbread (2)	Vanilla Iced Sponge (2, 4, 7)	Mixed Selection of Ice Creams (7)	Pineapple Cake (2, 4, 7)	Chocolate Cookie (2, 4)

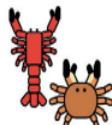
ALLERGENS



1. Celery



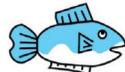
2. Gluten



3. Crustacea



4. Eggs



5. Fish



6. Lupin



7. Milk



8. Molluscs



9. Mustard



10. Nuts



11. Peanuts



12. Sesame Seeds



13. Soya



14. Sulphur Dioxide