

Nursery Rhythm of the Day

**timings given below are approximate: the amount of time spent in teacher led input or child led 'choosing' is flexible based on children's engagement and interest.*



Morning	Afternoon
8.45am: Wake and Shake Hello Song/ Register/ Dinner choices	12.30pm: Register -> Garden
9am: Dough Disco	1.20pm: Inside -> calm down
9.15am: Teaching Time -> Garden	1.25pm: Teaching time
10.20am: Squiggle whilst you Wiggle	1.30pm: Inside choosing time
10.30am: Inside -> wash hands/ snack	2.30pm: Tidy time
10.45am: Phonics Teaching Time	2.45pm: Milk and chat
11am: Inside choosing time	2.55pm: Story/ Tapestry/ Everywhere Bear
11.45am: Lunch	3.15pm: Goodbye song