



Whittington EYFS 'work at home' info



This pack will hopefully contain lots of useful bits to keep your EYFS child busy at home, whether through self-isolation or through school closure.

If you have any questions, queries, or just want to keep in touch with the EYFS staff, please, please, **please** send us your photos and videos via Tapestry- if you are happy for us to then re-share these, just pop put a note in the comments under the picture you upload e.g.

****I am happy for you to share these photos with my child's class****

That way we can re-upload them on Tapestry and tag your child's class mates (ducklings, or robins and woodpeckers), and then, whilst you're at home, your child will be able to see what all their friends are up to! That's a lovely opportunity for discussion, and hopefully give you some ideas too! It will still remain within the private domain of Tapestry (password protected etc) but will give us a chance to stay connected.

Sending you lots of love and positivity from all the staff in EYFS xxx

Shopping List

As you're aware in Early Years, our learning is play based so 'educating' at home may look a little different than with older children.

Items you may wish to have in stock at the ready:

- Printer ink for printing any resources you might want to use.
- Pens, paper, pencils, paints etc. You can get big rolls of paper in some of the pound shops (I think B&M) or use old rolls of wallpaper.
- Collect recycling for junk modelling (don't forget glue, tape and scissors!)
- General craft bits and bobs, stickers etc. The pound shops tend to have little craft activity packs to make various things.
- Mini whiteboard and pen/ chalkboard and chalk. Great for working on name writing, spellings, letter and number formations etc.
- Cupcake cooking kits: those cheap ones you get with the edible characters on top! Or general baking bits to make some yummy cakes or biscuits.
- Playdough, or follow the link to a recipe to make your own. This is what we use for playdough at school! <https://theimaginationtree.com/best-ever-no-cook-play-dough-recipe/>
- Other messy play bits, like shaving foam, kinetic sand, or flour to write in on a baking tray. You can find recipes for things like cornstarch goop or slime online.
- Glow sticks- great for throwing in the bath for a glow in the dark bath, or for hiding round the house, shutting the curtains and going on a glow stick hunt! (Always supervised though) you can then use them for counting or making letters.
- Seed packets for growing in the garden.
- Bug pot or magnifying glass for a garden bug hunt (again think the pound shop/ places like Asda/ Wilkos do these!)
- Stamps, envelopes and note cards- what a lovely way to spread positivity via post to friends, family and elderly relatives! You could send paintings, drawings, make cards or write notes or postcards. A great way to work on those fine motor and phonics skills too and with a real purpose.
- Phonics and number flash cards. We use the RWI phonics cards (you can search RWI phonics flash cards on Amazon. Nursery and Reception use set 1, and children in Reception will need the set 2 pack- set 3 is also included which some may need at the end of Reception- certainly then in year 1/2)

This post is also on Tapestry- if you have any of your own ideas, please add them in the comments section for other parents to view.

Daily Routine

It can be difficult being at home for a length of time, children tend to love routine and it may help to break your day up. You need to do what works for you, but below is a suggestion of how you may want to structure your day. Remember, every family and household is different, and what works for some may not work for others, but hopefully you can adapt and create your own routine.

Before 8.30am	Wake up	Breakfast, make your bed, get dressed and let's go!
8.45am	Wake and shake!	You can use 'GoNoodle' or 'Jumpstart Jonny', or use You Tube and search 'Just Dance Kids' videos to follow along.
9am	Literacy- Go through your phonics sounds/ flashcards. Choose a phonics/ writing activity to work on together from the learning grids.	
10am	Free play time/ creative craft time	You could play with small world animals/ dolls house/ cars, playdough, construction/ lego, craft/ creative work, or baking. Don't forget to stop for a healthy snack!
11am	Outside play time	If this is possible get in the garden, or go for a walk. Try and get out whatever the weather!
11.45am	Calm down time before lunch- you could use paper/ whiteboard/ chalk board to do some letter formations together. Pick a new letter to work on each day, as well as daily name writing. We use the handwriting videos on Espresso (see link further down this pack).	
12pm	Lunchtime	You could let your child help you with making and preparing lunch, e.g. buttering the bread, pouring drinks. All good self-help skills. Don't forget the handwashing too! Get your smart speaker to play a fun new song each day as you wash your hands and dance along!
12.30pm	Quiet time	Have some quiet time after lunch, you could read and share a story together or maybe do a yoga video- try cosmic kids on You Tube.
1pm	Numeracy- Go through your number flash cards. Count toys or objects to match different numerals. Talk about what one more/ one less would be. Choose a numeracy activity to work on together from the learning grids.	
2pm	Free play time/ creative craft time/ or more outside play- bike ride, walking, dancing to get you moving or some singing!	
3pm	Story time	Snuggle up together and have a story book or sing nursery rhymes to finish your 'school day'. Following this continue your normal 'after school' routine- screen time, bath time, dinner time etc.

Home Learning Challenges



On the next few pages, you'll see some 'rainbow challenges' for Literacy, Mathematics, Creative and Outdoors. Each day, children will benefit from reading, practising their phonic sounds, mark making/ writing, doing plenty of counting, as well as time to be creative and get outdoors. These are fun and inviting activities for all our children across the EYFS. You know your child best. You may need to make the task easier or harder based on their needs. If you're not sure how to do this, contact us on Tapestry and we'll do our best to advise you.

If you wanted to, you could print them off and tick off each square in the corner or put a sticker on the ones you've completed. Don't forget to share what you're up to on Tapestry! We'd love to see!

Literacy Rainbow Challenges



Build a reading den in your bedroom or living room. Make it cosy. Maybe take in a torch or fairy lights, and snuggle in with your favourite book. Tell the story out loud to a parent or sibling.



Roleplay shops- write a shopping list of what you've got in your shop, whether its food or toys etc. You could make a sign for your shop with a price list too e.g. Jack's Shop, bananas 10p (for maths link introduce coins to your shop play too)



Write post cards and letters and send them to friends and family. Draw them pictures and write some sentences about what you've been up to.



Become an author! Staple paper together, draw pictures, and either make marks, write letters, words or sentences or have an adult scribe what is happening in your story?



How many different ways can you practice writing your letters? Try using chalk on the pavement, flour or glitter in a baking tray, shaving foam on the tiles... work on writing your name and sounds!



Choose an animal you love. Use the internet and books to find out facts about the animal. Find out whether it comes from an egg, how it grows, what it eats, where it lives, how big it is, what it needs to be healthy etc. Choose how you record what you find out- poster, booklet, video, model



Conversation starter- Go on an old photo hunt in your house. Get mummy and daddy and grandparents to get out their old photos and talk about them to you. How have people changed? What was different when mummy and daddy were younger? Make a family tree and write their names.



Use your toys to retell a traditional tale. Maybe Spiderman could be in role as the big bad wolf, and your teddy could be little red riding hood! Think about the characters and retelling each part of the story. You could take photos and make a photo book of your modern version of the story.



Colouring books/ sheets are great fine motor work- work on a proper pencil grip and staying neatly within the lines. Maybe find some Easter/ Spring colouring in to do.



Listen to your favourite nursery rhymes, can you learn a few by heart? Put on a performance for your family, or video for Tapestry!



Collect toys or items from around your house to spell out your name on the floor! Think about the shapes of the letters- which letters have straight lines or curvy lines?



Hold a birthday party for your teddy bears! Write invitations and birthday cards. You could make playdough or bake some real cupcakes and play some party games!



Numeracy Rainbow Challenges



Make a board game. Get a grown up to draw a track with 20 squares, add 'start' and 'finish' on, and write the numbers in carefully in each square. Use dice and counters to play your board game. You could make your board game



Put out a few number cards and match objects or toys to the amount. Lego and buttons work well! Close your eyes and get a grown up to swap 2 cards, can you work out which ones are wrong?



Go on a shape hunt around the house. Get a grown up to make a tally sheet, with pictures of a circle, triangle, square and rectangle. As you go around the house, tick off when you see each one e.g. rectangle TV. Which shape did you see the most?



Get a grown up to hold up a number card. Can you do an action to match the amount on the card e.g. 3 star jumps, 5 taps on the nose, 6 sideway stretches etc.



Make a pattern. Use lego, buttons, sweets, stickers or colouring crayons to make a pattern of 2 objects/ colours, then 3. E.g. red lego, blue lego, red lego...



Count the sounds! Get a pot, musical instrument or just use your hands. Get a grown up to tap out or clap a set amount of times slowly. Can you keep count and tell them the number of claps/ bangs they did?



Ask a grown up to show you how to make paper aeroplanes or use You Tube to help. Test them out outside, measure the distance with a tape measure. Which one goes the furthest?



Get a grown up to set a timer up on their phone. Count out loud how many star jumps you can do in 30 seconds? Write the number down, and try and beat it each day for a week! Did you improve?



Play board games together that need dice or counting, such as snakes and ladders. Great for working on number recognition and counting, as well as social skills like taking turns and learning we can't always win!



Collect some junk modelling materials, such as boxes and tins. Dip the sides in paint and print, or trace round them- what shapes can you see? Talk about the properties of the shapes- how many sides are there? Are they curved or straight?



Collect some of your toys/ sticks from the garden/ items in the house. Can you order them by length, from longest to shortest? You could then do this and compare the weight of the objects, which is heaviest/ lightest?



Get in the bath with lots of different containers like bowls and jugs- can you show full/ empty/ half full? How many cups does it take to fill the container with water? Estimate then count and check!



Creative Rainbow Challenges



<p>Make your own playdough. Add food colouring or scents in to make different flavours and colours (not to eat though!). Make letters and numbers with your dough, or maybe make a cupcake shop!</p>	<p>Collect recycling and build a robot with your junk modelling materials. What does your robot do? What is it called? What shapes can see on the packaging?</p>	<p>Make a set of binoculars with your left over toilet roll tubes. Look out of the window each morning and give a weather report! Or draw a picture of what you see.</p>
<p>Make a card for someone to brighten their day. Decorate the front with a beautiful picture using paint and glitter! Post it to them (if you ask nicely on Tapestry I'm sure some of the teachers will give you their address!)</p>	<p>Do some baking! Make cupcakes, muffins or cookies. Be sure to taste test them and report back! You could write a recipe or a label to go with your baking e.g. 'Millie's cookies- do not eat!'</p>	<p>Use an old sock to make a sock puppet! Put on a puppet show. Maybe you could retell your favourite stories, like Gingerbread Man or Little Red Riding Hood.</p>
<p>Put your favourite song on and come up with a dance routine ready to perform to all the people in your house. Please make sure you video this so we can dance along on Tapestry!</p>	<p>Become a member of a band! Set up the kitchen pots and pans, or other instrument you have and create a song! (Maybe do this one outside!!).</p>	<p>Draw pictures of your favourite people, animals, toys etc. Work on those pencil skills! Use other materials like paint, pens and wax crayons. Make an art exhibition featuring all your best work!</p>
<p>Cut out pictures from old catalogues and magazines and make a collage- great for scissor skills. This could be a sorting activity too- cut out all the red/ yellow/ green objects etc.</p>	<p>Make musical instruments! Use cardboard boxes and tubes from your recycling box, fill with beads or pasta, or add elastic bands to twang. Paint and decorate and use in a performance!</p>	<p>Look at a famous artist- Mrs Richardson loves Monet and Van Gogh. Pick your favourites and can you try and paint a picture in the style of the artist?</p>

Outdoor Rainbow Challenges



Collect natural objects in the garden/ on a walk and create a picture with them. You could lay them out to look like a person or animal. Put it on Tapestry so we can play guess who!



Go bird watching. Take a clipboard or notepad and draw/ write/ tick when you spot a different bird. What did you see? You could make a bird feeder for your garden- google bird feeder recipes.



Make a mud pie. Write a recipe or record how many scoops of each ingredient you use. Count them in carefully! What flavours of pie can you make?



Paint with nature! Make mud, grass or berry paint (supervised) and create a beautiful nature picture. You could also have a go at writing your name or numbers in mud paint!



Create an obstacle course in your garden! Put out items to go over, under, through and to balance along. Can you time how long it takes? Can you beat your time?



Build a bug hotel in your garden. Make a welcoming sign to display at the front e.g. 'Welcome to the Bug Hotel! Have a lovely stay!' You could make a list of the bugs that can stay e.g. ladybirds, snails etc.



Make a fitness circuit in your garden. Draw signs with pictures on at each station to prompt you e.g. 10 star jumps, 5 press ups, 10 squats, 5 high knees.



Go on a nature scavenger hunt. Get a grown up to write a list (with pictures as prompts) and see if you can find all those things to put in a bag or basket e.g. sticks, stones, leaf, daisy, blade of grass etc.



Build a den in your garden with old sheets/ tarpaulins/ blankets. Make a sign so everyone knows who the den belongs to e.g. 'Stan's Den- only Stan is allowed in here!'



Water play- if you don't have a water tray you can use tubs like plastic under bed storage boxes- add some cups, whisks, watering can, toys, tea pot etc and you're all set! This can be used for messy play like shaving foam or cooked spaghetti



Plant some seeds, sunflower seeds are great! Who in your family can grow the tallest sunflower? Keep a sunflower diary when it grows and measure the height every few days. Don't forget to water them!



Have fun outside! Ride your bike, blow bubbles, dance and draw on the pavement with chalk. Draw around your feet and make a pathway to follow. You could wash your bike or (if you're feeling brave!) wash the car.



Useful Links and Websites

Espresso

We have a school link to log in to a resource called Espresso:

www.discoveryeducation.co.uk

Click Log In at the top right corner then select Espresso.

Log in- student27802

Password- whittington

Click on 'Foundation' to take you to the Early Years section.

In the literacy section you'll find great phonics, handwriting, nursery rhymes and story book videos which we use a lot in school. In the Maths sections there's stuff on numbers, counting and shapes!

Twinkl

Twinkl is a fantastic resource teacher's use which comes at a cost, however they're offering a free 1 month trial, so log in and download all the bits you think are useful.

These are the details:

<https://www.twinkl.co.uk/>

Just enter the code: UKTWINKLHELPS

Click on EYFS to make sure you're looking at resources suitable for your child.

We would recommend downloading the following items for your use daily:

Phonics/ Literacy:

Phonics flashcards: <https://www.twinkl.co.uk/resource/t-l-5840-phase-2-phoneme-flash-cards>

Sound button words for blending: <https://www.twinkl.co.uk/resource/T-L-005-Phase-2-Sound-button-word-cards>

Read the sentence, match the picture: <https://www.twinkl.co.uk/resource/t-t-777-phase-2-pictures-and-captions-matching-cards-square-cards>

Writing/ spelling work- <https://www.twinkl.co.uk/resource/t-l-527053-cvc-word-activity-booklet>

Letter formation- <https://www.twinkl.co.uk/resource/t-l-504-letter-formation-worksheets-phase-2>

Trickier words if your child needs them:

<https://www.twinkl.co.uk/resource/T-L-007-Phase-3-Sound-Button-Word-Cards>

<https://www.twinkl.co.uk/resource/T-L-032-Phase-4-sound-button-word-cards>

Search 'pencil control' and 'scissor cutting' to choose some sheets your child may like to work on those fine motor skills each day.

Mathematics:

Number cards: <https://www.twinkl.co.uk/resource/T-N-014-Digit-Cards-0-20>

Number formation: <https://www.twinkl.co.uk/resource/t-n-2546499-all-about-numbers-0-to-10-number-formation-activity-booklet>

<https://www.twinkl.co.uk/resource/t-t-2544392-number-formation-0-to-10-look-trace-and-write-activity-sheet>

<https://www.twinkl.co.uk/resource/t-n-6039-number-formation-10-to-20-activity-sheet>

number and quantity matching: <https://www.twinkl.co.uk/resource/t-n-847-1-20-number-and-quantity-matching-cards>

If you then go to: <https://www.twinkl.co.uk/resources/home-early-years/home-early-years-home-learning/home-early-years-home-learning-mathematics>

There's loads and loads of ideas for math's activities to do at home.

The one's we liked the look of were:

Recognising numerals to 10: <https://www.twinkl.co.uk/resource/t-n-5979-eyfs-maths-recognises-numerals-0-to-10-home-learning-challenges-home-learning-challenges>

Count objects to 10: <https://www.twinkl.co.uk/resource/t-n-4611-new-eyfs-maths-counting-objects-to-10-home-learning-challenge-sheet>

Numbers 1-10 challenges: <https://www.twinkl.co.uk/resource/t-n-2546174-eyfs-maths-number-themed-0-to-10-home-learning-challenges-resource-pack>

Choosing the correct numbers 1-10: <https://www.twinkl.co.uk/resource/eyfs-maths-choosing-the-correct-number-for-groups-of-objects-1-to-10-home-learning-challenges-t-m-30818>

Recognising 10-20: <https://www.twinkl.co.uk/resource/t-n-5935-recognises-numerals-10-to-20-home-learning-challenges-activity-sheet>

Counting and ordering to 20: <https://www.twinkl.co.uk/resource/t-n-2545105-eyfs-maths-counting-and-ordering-numbers-to-20-home-learning-challenges>

Shape: <https://www.twinkl.co.uk/resource/t-n-2544708-eyfs-beginning-to-use-mathematical-names-for-flat-2d-shapes-home-learning-challenge-sheet>

Then take a look around the site and get some phonics, handwriting, number and shape activities to work on at home with your child.

Other Useful Websites

Get moving and singing!

<https://www.bbc.co.uk/teach/supermovers/just-for-fun-collection/z7tymfr>

Cosmic Kids—Yoga - <https://www.youtube.com/user/CosmicKidsYoga>

GoNoodle- this should link to the free ones you can watch: <https://family.gonoodle.com/?ca=true>

BBC school radio- <https://www.bbc.co.uk/teach/school-radio/eyfs-early-years/z6bgndr>

Jumpstart Jonny, our wake and shake favourite- <https://www.jumpstartjonny.co.uk/free-stuff>

If you want to have some wake and shake songs to follow, try going on you tube and putting in 'Just Dance Kids' and following along on the screen. This works well if you can play YouTube through your Smart TV.

Phonics

A free log in has been made available for this site: <https://www.phonicsplay.co.uk/>

Usrrname: march20

Password: home

Teach Handwriting - <https://www.teachhandwriting.co.uk/>

Teach your monster to read - Covers everything from letters, sounds and reading full sentences. Free on the computer - Small charge for the App- <https://www.teachyourmonstertoread.com/>

Topmarks - A great range of free online games
<https://www.topmarks.co.uk/>

Read with Phonics - A great range of free online games—App also available
<https://www.readwithphonics.com/>

<https://www.phonicsbloom.com/>

http://www.familylearning.org.uk/phonics_games.html

<https://www.topmarks.co.uk/english-games/5-7-years/letters-and-sounds>

<https://www.ictgames.com/mobilePage/literacy.html>

<https://www.education.com/games/phonological-awareness/>

<https://www.oxfordowl.co.uk/for-home/reading/>

Maths

<https://nrich.maths.org/early-years>

<http://www.kidsmathgamesonline.com/numbers.html>

<https://www.topmarks.co.uk/maths-games/3-5-years/counting>

<https://www.bbc.co.uk/cbeebies/topics/numeracy>

<http://www.crickweb.co.uk/Early-Years.html>

<https://www.oxfordowl.co.uk/for-home/kids-activities/fun-maths-games-and-activities/>

Alphablocks and Number blocks -

Educational videos, games and resources online to help with learning numbers and letters.

<https://www.bbc.co.uk/cbeebies/shows/alphablocks>

<https://www.bbc.co.uk/cbeebies/shows/numberblocks>

Things to keep you busy:

<https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/>

<https://theimaginationtree.com/>

<https://rainydaymum.co.uk/>

<https://fitnessbythesea.com/101-summer-activities-for-kids/>

<https://www.goodhousekeeping.com/home/craft-ideas/how-to/g1389/diy-kids-activities/>

<https://www.itsalwaysautumn.com/best-indoor-kid-crafts-activities.html>

<https://artfulparent.com/simple-kids-activities/>

<https://www.activityvillage.co.uk/crafts>

<https://www.mykidstime.com/things-to-do/50-fun-rainy-day-activities-for-kids/>

We hope this keeps you busy whilst you're at home. If you have any questions, we'll be dropping in on Tapestry so keep us in the loop!

