

# NHS 111 First



Does your child need  
urgent healthcare?



Unsure on who  
to contact?



Call NHS 111 or visit  
[www.111.nhs.uk](http://www.111.nhs.uk)

NHS 111 is free and available 24 hours a day, 7 days a week.  
Depending on the situation, 111 can:



Book you in to  
A&E



Direct you to an  
alternative



Connect you to a nurse,  
pharmacist or GP



Arrange a face to face  
appointment



Help you to get any  
medicine you need



Provide self  
care advice

For life threatening emergencies you should still attend A&E or  
call 999 immediately.